



The Corporation of the District of Saanich | Mayor's Office

770 Vernon Avenue Victoria BC V8X 2W7 | T 250-475-5510 | F 250-475-5440 | www.saanich.ca

Proclamation


Taoist Tai Chi®

November 7, 2020

- WHEREAS 2020 is the 50th anniversary of the Taoist Tai Chi® arts in Canada that promote the ancient practices of Taoism, which enrich mental, spiritual, and physical well-being. Many people who practice these arts share their experience of this practice which enhanced their social and spiritual connections, helped relieve pain, reduced stress, improved posture, circulation, and balance; and
- WHEREAS 50 years ago, in 1970, Master Moy Lin Shin, a Taoist monk, began teaching the Taoist Tai Chi® path in Toronto, Canada; and
- WHEREAS The Province promotes participation in sport and physical activity as a valued way of life – one that upholds the significance of such activities as bringing important health and social benefits to our society; and
- WHEREAS today, Fung Loy Kok Institute of Taoism, together with its affiliates around the world, have trained volunteer instructors offering Taoist Tai Chi® practice continuously for 50 years, and currently, to more than 40,000 participants in numerous locations throughout 26 countries including 11,016 participants in over 330 locations in Canada with 1200 instructors; and
- WHEREAS Fung Loy Kok Institute of Taoism and its affiliates practice the Taoist Tai Chi® arts as a path to ultimate transformation, using the guiding principles of compassion, virtue, and wisdom, in all we do. This practice works to alleviate pain and suffering to the individual, thereby reducing the financial burden on health services in the communities where Taoist Tai Chi® practice is offered; and
- WHEREAS it is altogether fitting and proper that Canada, with its diverse population and appreciation for all cultures moving together in harmony, and its commitment to improving the wellness of its workforce and all residents, should set aside a day to recognize the Fung Loy Kok Institute of Taoism in its endeavour to bring these arts which promote good health, the richness of Chinese culture, and a greater understanding and respect among all peoples.
- THEREFORE,** I, Fred Haynes, Mayor of the Corporation of the District of Saanich, do hereby proclaim November 7, 2020, as Taoist Tai Chi® arts 50th Anniversary Day in Saanich, British Columbia.



Dated this 3rd day of September, 2020


Fred Haynes
Mayor of Saanich