



**The Corporation of the City of Burlington
Office of the Mayor
PROCLAMATION**

Whereas 2020 is the 50th anniversary of the **Taoist Tai Chi**[®] arts in Canada that promote the ancient practices of Taoism, which enrich mental, spiritual, and physical well-being. Many people who practice these arts share their experience of this practice which enhanced their social and spiritual connections, helped relieve pain, reduced stress, improved posture, circulation, and balance; and

Whereas 50 years ago, in 1970, Master Moy Lin Shin, a Taoist monk, began teaching the **Taoist Tai Chi**[®] path in Toronto, Canada; and

Whereas today, Fung Loy Kok Institute of Taoism, together with its affiliates around the world, have trained volunteer instructors offering **Taoist Tai Chi**[®] practice continuously for 50 years, and currently, to more than 40,000 participants in numerous locations throughout 26 countries including 11,016 participants in over 330 locations in Canada with 1200 instructors; and

Whereas Fung Loy Kok Institute of Taoism and its affiliates practice the **Taoist Tai Chi**[®] arts as a path to ultimate transformation, using the guiding principles of compassion, virtue, and wisdom, in all we do. This practice works to alleviate pain and suffering to the individual, thereby reducing the financial burden on health services in the communities where **Taoist Tai Chi**[®] practice is offered; and

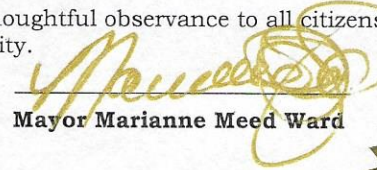
Whereas it is altogether fitting and proper that Canada, with its diverse population and appreciation for all cultures moving together in harmony, and its commitment to improving the wellness of its workforce and all residents, should set aside a day to recognize the Fung Loy Kok Institute of Taoism in its endeavour to bring these arts which promote good health, the richness of Chinese culture, and a greater understanding and respect among all peoples

Therefore I, Marianne Meed Ward, Mayor of the City of Burlington, do hereby proclaim **November 7, 2020** as

"Taoist Tai Chi arts 50th Anniversary Day"

in the City of Burlington and do commend its thoughtful observance to all citizens of our municipality.

Dated this 19th day of October 2020


Mayor Marianne Meed Ward

