



Infosheet International Workshop, May 17 - 21, 2017

Registrations will be confirmed within a couple of days. In case you don't receive an email from us, please contact us at registration@taoisttaichi.nl or phone to the TTCS Centre.

Traveling by plane, pick ups will be arranged from Airport Düsseldorf **Weeze** only. Members arriving at other airports are asked to take public transport to Helmond 't Hout train station.

Traveling by train, the TTCS Centre is 900 meters from train station Helmond 't Hout. We do pick-ups and drop-offs if requested for, if you decide to walk we will send you a map with walking directions. We can also order e-tickets for you which might be cheaper and more convenient than if you buy a ticket on the train station yourself.

E-tickets, on Tuesday May 16 and on Sunday May 21 discount e-tickets for traveling between Schiphol airport and Helmond 't Hout train station will cost € 9,- single fare. On other travel days you pay the regular fare. For the discount e-tickets your booking should be in by Friday May 5, tickets will then be send by e-mail on Sunday May 7. For traveling between Eindhoven airport and Helmond 't Hout train station e-tickets will cost € 6,50 single fare on all days. Eindhoven tickets will be sent to you within 14 days after your booking. E-tickets will be sent to you by e-mail and need to be printed on A4 format before traveling. No refund possible for e-tickets.

Journey planner, traveling from Amsterdam and Eindhoven Airport by train, please use the app 9292 or go to <http://www.9292.nl/en> From Düsseldorf Int Airport use the app DB Navigator or go to http://www.bahn.de/p_en/view/index.shtml Both are in English.

Traveling by car, to avoid any parking annoyance in the residential area near the TTCS Centre, parking is only allowed in the designated parking area on the other side of the Europaweg. We will send a mail to you with a map showing where we want you to park.

Accommodation is dormitory style in bunk beds. If you require a bottom bunk bed due to health problems, please indicate this on your registration form. Don't forget to bring your own towel. A flashlight might be a handy thing in a dark sleeping room. The centre has a room that can accommodate wheelchair users with a wheelchair accessible toilet and shower close by.

Meals, the kitchen provides steamed meals (with nothing added) especially for participants who can't eat the regular and vegetarian meals provided. If none of the food options are suitable or sufficient for you, then you have to arrange your own food. There is an area outside the kitchen with a microwave. Please note that during the workshop the kitchen is out of bounds to participants unless specifically invited in.

Since there is always a lot of work to do, we are happy with your help before and after the workshops.

TTCS Centre Netherlands, Mierloseweg 140, 5707 AS Helmond 00(31) 492 769032